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Cahaba River Frydown 2024: Birmingham's Premier Catfish Cookoff Returns for Its 15th Year

Birmingham, AL. (September 4, 2024) — The Cahaba River Society is thrilled to announce the 15th annual Cahaba River Frydown will take place on Sunday, September 29th, from 12:00 p.m. to 4:00 p.m. at Cahaba Brewing Company. This beloved community event brings together the city's finest fish fryers and culinary enthusiasts for Birmingham's only juried catfish cookoff competition! The event benefits Cahaba River Society's efforts to protect and restore the Cahaba River, one of North America's most biologically diverse rivers and a primary drinking water source for more than 1,000,000 people.

"The Cahaba River unifies communities throughout central Alabama," said Cahaba River Society's acting Executive Director Casey Laycock. "Cahaba River Frydown is an incredible opportunity to try Alabama's best catfish and celebrate the river that provides our drinking water."

Frydown has become a staple in Birmingham's dynamic food scene, drawing in food lovers, families, and community members from across the region. The event offers a unique culinary experience where attendees can indulge in delicious catfish dishes prepared by talented local chefs and teams, each vying for the coveted title of Baddest Fish in the River.

Admission is \$20. Children 12 and under are free. Tickets can be purchased at [frydown.com](https://www.frydown.com) or at the gate. Your wristband allows you to explore all Frydown competitors and The Cahaba River Adventure Experience, with art exhibitions and interactive wildlife opportunities. Admission also includes access to the Mountain High Outfitters climbing wall, face painting, bouncy houses, and much more. Attendees will be entertained by the [Magic City Disco Dancers](#) and live music from [The Swamp Poppas](#) and [Divine Entertainment](#). [Visit our FAQ for a full list of activities.](#)

Craft beers and cocktails can be purchased from Cahaba Brewing.

About Cahaba River Society

The Cahaba River Society is a nonprofit organization dedicated to the protection and restoration of the Cahaba River and its rich diversity of life. Through education, advocacy, and hands-on programs, the Cahaba River Society works to ensure that this essential waterway remains a viable resource for generations to come.

For additional information, visit [frydown.com](https://www.frydown.com) and [cahabariversociety.org](https://www.cahabariversociety.org). [Click here for our media kit.](#)

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